

# Valley Psychiatry

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February 21, 2010

Insurance and Real Estate Committee February 25, 2010

Testimony in support of bill #192 Advanced Registered Nurse and  
Primary Care providers

My name is Maryanne Strindberg, GNP-BC, APRN and I am a geriatric-psychiatry nurse practitioner, owner of Valley Psychiatry. I am not listed as a nurse practitioner with the following insurance companies:

Anthem-"other health care provider"  
Healthnet-physician is the only choice  
Aetna-no aprns listed  
Medicare-"other healthcare provider"

It is particularly difficult for my patients to find me through the complicated process of websites due to their age and lack of experience with computers and compound that by the additional steps needed to navigate insurance companies to find nurse practitioners. A different standard used for APRNs than for physicians, which can result in a delay of treatment for such disorders as dementia, and depression in elderly clients.

Please consider passage of this bill.

Thank you for your attention.